

Handmade is Heartfelt

Finished size: 12" x 9"

Supplies

Fabrics

- Background Fabric, 14" x 11"
- Backing Fabric, 12" x 9"
- Batting, 14" x 11"
- Linen for hemstitching, 6" x 6"
- Wool or wool Felt, 6" x 6"

Notions

- Multi-colored yarn for felting
- 60 weight thread for hemstitching
- Wing needle for hemstitching
- Polyester or cotton thread for quilting, applique, and construction

Decorative Elements

- Three silk or paper flowers
- Decorative buttons as desired

Paper Elements

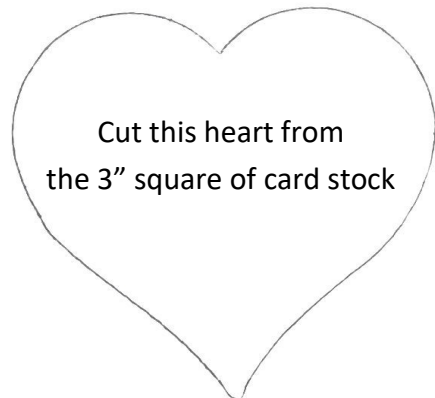
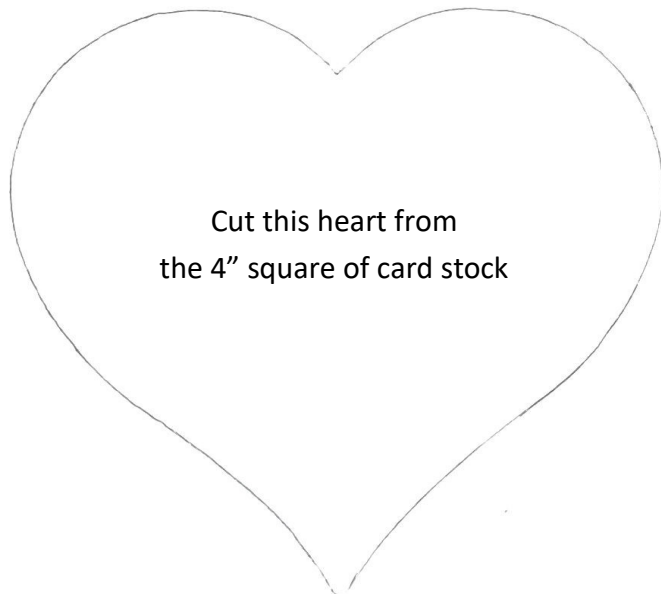
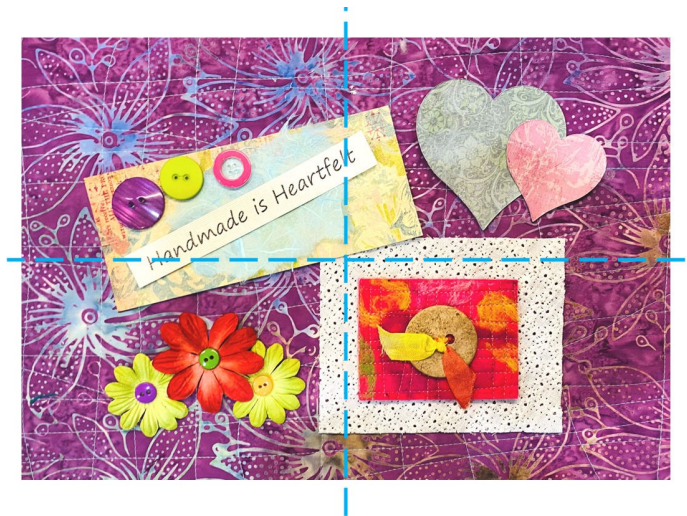
- Cardstock print, 6½" x 2¾"
- Lightweight Mulberry Paper, 5" x 4"
- 8½" x 11" light cardstock to print phrase
- 4" square of printed cardstock
- 3" square of printed cardstock



Getting Started

Place the batting behind the background fabric and quilt, using any method. I did some really simple quilting with a wonky grid pattern, stitching random lines of horizontal and vertical straight stitching. Trim the quilted fabric to 12" x 9".

An easy way to approach a composition is looking at it as a grid. A 3 x 3 grid is common but for this quilt, I used a 2 x 2 grid. If you are a quilter, think of a 4-patch when placing the elements on your quilt. Overlapping items, combining straight edges with curved ones, and placing elements at different angles keep it from looking boxy and square.



Hemstitching with a Wing Needle

Insert the wing needle and thread the machine with 60 weight thread the same color as the 6" x 6" square of linen. Select a decorative stitch (I used a star stitch) that moves in and out of the same holes multiple times. Sew lines of stitching across the fabric using the edge of the presser foot for spacing. Turn the fabric 90° and stitch another set of lines to form a grid. Trim the stitched linen to 5" x 4" and set aside.



Needle Felting

Attach the BERNINA Needle Punch Set to your machine. Arrange the multi-colored yarn on the surface of the wool felt in a random pattern. Punch the yarn into the fabric as desired. Place batting behind the wool felt and stitch the same wonky grid pattern used on the quilt background. Trim the wool felt to 3" x 2½". Stack the felt on the hemstitched linen, then edgestitch the felt in place. Position the stack on the quilt and stitch around all four sides using Open Embroidery Foot #20 and a zigzag stitch.



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Print the phrase below on the letter-size cardstock and trim it to be 5½" x ¾". Stack the printed cardstock, mulberry paper with torn edges, and printed phrase. Stitch over the saying with a straight stitch in a large "zigzag" pattern. Know that sewing paper dulls your needle so be prepared to change your needle when you go back to fabric. Place the stack on the quilt background and use a medium zigzag stitch to sew each end to the quilt.



Paper Hearts

Cut out the two hearts from the cardstock squares using the patterns on the previous page. Place the small heart on top of the larger one and blanket stitch around the edge. Place the stacked hearts on the quilt and stitch down the center using a feather stitch.



Add Buttons

Fun buttons, ribbons, and paper flowers are a few elements I used to “accessorize” the main components of the quilt. Yours will not be the same as mine but here’s what used: One 1½” button with silk ribbon threaded through the holes; three ¾” buttons for the center of the flowers; three decorative buttons of different sizes, colors, and styles. Use Button Sew-On Foot #18 to sew the buttons in place on your mini quilt.



Finished Edges

After all of the design elements have been secured on the background, place the quilt and the backing wrong sides together. Using Overlock Foot #2/2A, overlock all four edges of the quilt, aligning the right edge of the presser foot with the edge of the quilt. This seals the edges, flattening them for the final edge finish.



Couched Edges

Place yarn on top of the overlocked edge of the quilt. I used a small diameter yarn so I took four strands and twisted them together as I stitched. Select the zigzag stitch and adjust the width so it is wide enough to go over the yarn. Using the Bulky Overlock Foot #12/12C, zigzag over the yarn overlapping the starting and ending points.



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